

Non-Food Celebration Ideas

Here are some suggestions to have celebrations/rewards that are not food based:

CHOOSE A PRIZE

Pencils or erasers

Stickers Books

Coloring page adult/child

Enter a drawing or raffle for a bigger prize

Earn tokens or points toward a prize

Lunch with teacher

GET MOVING

Lead a special physical activity break

Host a special event such as a dance or kite flying party

Provide extra recess or PE time

Turn on the music and let students dance for a few minutes

Have a themed parade around your school

Pick their favorite Go Noodle.

SHAKE UP YOUR ROUTINE

Let student choose a special activity or be a teacher's helper

Allow student to select a special book or invite a guest to read aloud

Go on a scavenger hunt

Host a special dress day where students can wear hats or pajamas

Teacher for a class period

SHOW RECOGNITION

Give a certificate or ribbon

Post a sign in the classroom or on a prominent bulletin board

Give a shout-out in the morning announcements

For birthdays, allow child to wear a crown or special sash

The ideas below are from the Alliance for a Healthier Generation "Celebrations that Support Child Health" document

(https://www.healthiergeneration.org/_asset/nvgd8g/13-6162_HSPHealthyCelebration.pdf)